



If you have been diagnosed with estrogen-receptor positive (ER+) breast cancer, then you may have been prescribed anti-estrogen treatment for five or as long as 10 years. However, many women say that side effects often associated with these medicines have a negative impact on their daily lives. Additionally, new research suggests that these medicines benefit some women, but not all women. New tests and information are available to help you talk to your doctor to ensure that you are following a treatment plan that is right for you.

Talk To Your Doctor.

Following is a list of nine questions that you can take to your next appointment to help you work with your doctor to determine the next steps in your breast cancer journey:

1. Are there any tests to tell me my personal risk of breast cancer coming back after five years?
2. Are these invasive tests?
3. Can the cancer be prevented from coming back? How?
4. How do you know that the medication will work for me?
5. How long will I need to take it?
6. What are the side effects of the medication?
7. Will my side effects be worse or different than before?
8. Are there any long-term health concerns related to taking this medication for an extended period of time?
9. Can you tell me if the new genomic test that helps provide information on individual risk of the cancer coming back and likelihood of benefit from anti-estrogen therapy is right for me?